



Happy News

Jan 22

Happy New Year to YOU!

from Helen & the HTA team

We hope that you had a great Christmas and are excited to see everyone back together again.

Don't forget to use your Christmas Voucher – contact Juliana to cash in.

Thanks to you all for voting for us at The Steve Morgan Foundation 20th Anniversary Awards. We should hear soon so stay posted.



HTTV – Happy Times Telly!

Activities available 24/7 to watch and enjoy again

Created during the first lockdown, to help keep you entertained and happy at home. However, it's proven to be beneficial, so it's here to stay – hooray! So now we need your help in what we film next. Drop your ideas to us for yourself or for our team to record. Be brave and adventurous...

Not watched HTTV yet? Visit our FREE ZONE or Members access the Members Zone at:

www.happytimesactivities.co.uk/tv



EXPLORER IS HERE!

If you've visited the Centre lately you will have heard all about it. We are talking non-stop about this one as it's so exciting.

Free for ALL members, this program will see us exploring lots of new things together. We are providing you with the time, options and resources plus all the support that you need. EXCITING! Call Michelle now to book your Welcome meeting 0151 641 0716.

REFLECT WITH SAM



Sam put this so well we wanted to share it with you. Helen asked Sam 'What type of year has it been for you then Sam?' Sam said: 'Great compared to the last one...and I think 2022 will be even better than them both put together!'. *What did you wish for yourself this year?*

PLEASE BRING YOUR RUCKSACK

Using your own stuff reduces sharing equipment, so please remember to bring your Happy Times rucksack with you. If you can blow your ball up prior to your session even better....Not got one and want one? Ask at the Centre.

For all the latest news visit our website

www.happytimesactivities.co.uk or follow us on socials



CRAFTY CARDS FOR SALE £1

We were so impressed by your art that it's now being sold, and the money raised from your 'All occasion cards' will go towards the running of more activities.

What happens next depends on you

Talk to us anytime. Drop a suggestion into the Suggestion box. Attend Parliament Member's meetings. **Want to run an activity of your own or help develop ideas?** We are always on the look-out for new stuff and excited to share the many hidden talents you have!

SAY HI TO DI & JANE

Both new Leaders love their new role as Happy Times
This is what they had to say:

Jane: *I can honestly say after 25+ years of teaching I have never experienced such an amazing job in my life – I love it here so much!*



Di: *I just love it here. Every day is different, nothing is ever the same and the people are amazing - I love seeing everyone so happy!*

Man in the middle (In case you are wondering is the lovely Michael from Capoeira4All who visited in Dec).

WHATS HAPPENING 2022?

JAN



Explorer Club

Saturday Zoom Socials @ 10am

10th Birthday Panto Screening 26th @ 1.30pm

Afternoon Clubs – Every Wed, Thu & Fri

FEB

The Wizard of Oz

Parliament Members Meeting 9th @ 1.30pm

Crafts with Shona



MAR

Lots of fun stuff at the Centre and on HTTV
Yoga Course continues with Helen – book on



FREE PLACES

Spent up over Christmas? We have some free monthly spaces. So, if you would like to attend, call us. We rotate them by month on a needs basis - **We never want money to be a barrier to happiness.**

STAY SAFE

We are recommending that all that attend the centre do a 'same day' lateral flow test. If you attend daily, we are recommending that you test twice weekly. **Thanks for helping to keep our centre safe.**

**For the latest news & timetable visit our website
www.happytimesactivities.co.uk & follow us on social media**